



AFGA NEWSLETTER

2nd Quarter 2025

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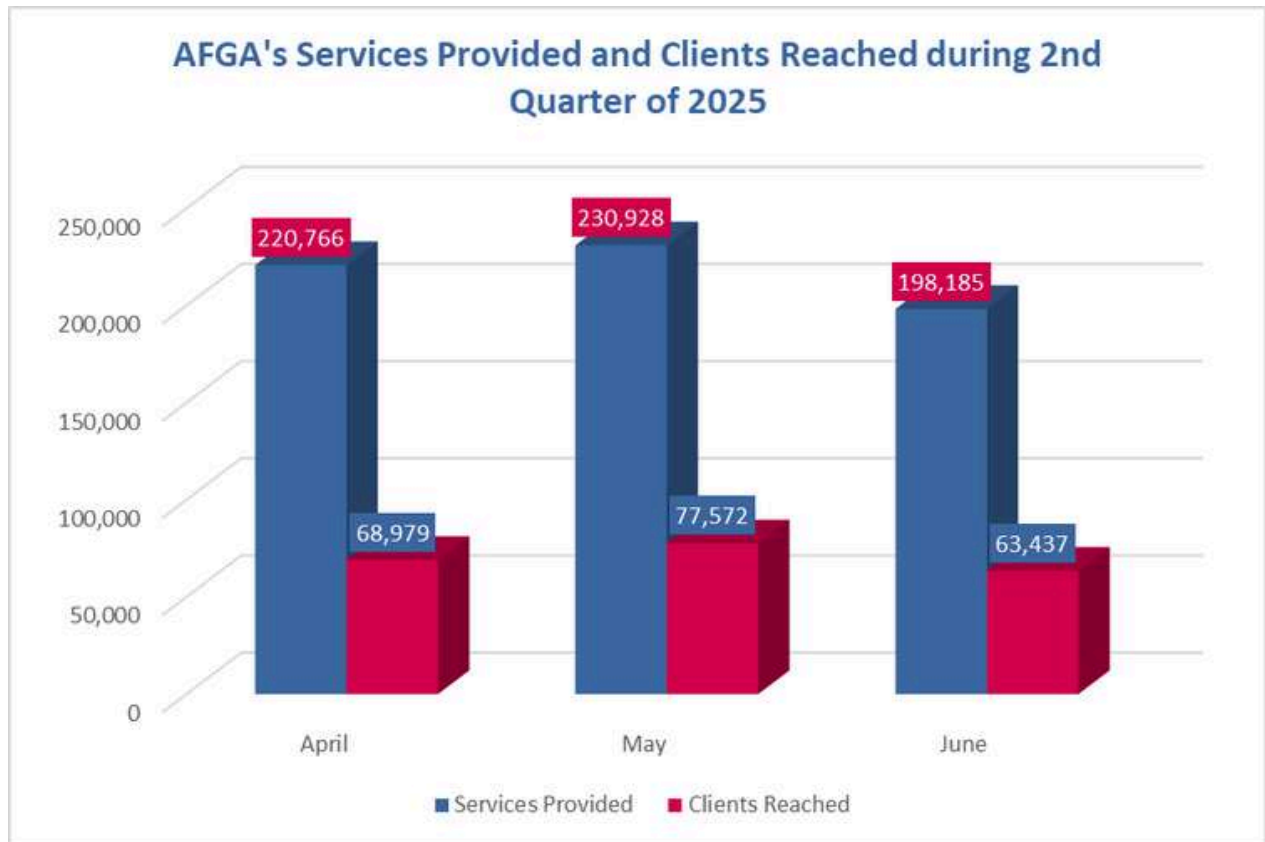
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AFGA Achievements during the Quarter



During the second quarter, a total of 209,988 clients were reached, and a total of 628,939 services were provided through 96 Service Delivery Points: 17 Mobile Health Clinics, 10 Static Clinics, 67 FHHs, one Midwifery Helpline (MHL) and one Basic Health Center (BHC), in 11 provinces. The achievements are in line with AFGA's overall annual targets for the year 2025.

AFGA CEO's Meeting with Logar Province Public Health Director



The CEO and other senior management team of AFGA had a meeting with the director of Provincial Public Health of Logar province in his office on June 30, 2025. The AFGA delegates briefed the PPHD Director on AFGA services in Logar province and discussed challenges and future plans. The PPHD director said that AFGA FHHs and Mobile Health Teams are providing highly effective services in very remote areas of the province and therefore appreciated AFGA's contribution in provision of health services in the province. He promised his support to AFGA.

AFGA has 20 service delivery points in Logar province through its different projects.





JSB-3 Project Closing Ceremony Event

The Afghan Family Guidance Association launched the project under the name "Saving the Lives of Women and Girls through Improving Reproductive, Maternal and Child Health" with funding from the Japanese government in April 2021. The project is one of the long-term projects of the Afghan Family Guidance Association, the first and second phases of which had already been completed, and the third phase of this project began in July 2024 and ended in November 2024.

From the beginning of the project, July 1, 2024 to November 31, 2024, 243,288 health services were provided through the health centers to 102,279 residents of the country.

As a result, the JSB-3 Project Closing Ceremony events were organized by AFGA in coordination with Parwan and Logar Provinces' public health directorates in these two Provinces, where the AFGA Senior Management Team, the Provincial Health Directors and Economic Directors, community leaders, and midwives participated. The AFGA management appreciated the project midwives and community leaders for their tireless services and support that led to the successful completion of the project.

Mr. Najibullah Samim, the CEO of AFGA, provided background information about AFGA, the JSB 2023 project's main achievements, and its importance in both provinces. He thanked the community leaders, the local authorities for their support of the project and the midwives for their hard work in achieving the project's goal and objectives. He expressed AFGA's commitment to the provision of RH service delivery for vulnerable populations, including in Parwan and Logar provinces. He particularly thanked the Government of Japan for funding this project and other similar projects in the past.

Dr. Abdullah Afghanmal, the Deputy Director of Public Health in Parwan Province, highlighted the significance of the project. He explained that: "We witnessed a revolution in provision of SRH services in Parwan province, when AFGA's FHHs started. The service delivery through these FHHs is crucially vital and needed".

Hafiz Saeed Rahman Qaderi, the Logar Public Health Director, said: "I appreciate the services of the AFGA Organization, which has been working in Logar province for the past three years. Allah says in the Quran that whoever saves a life, cures a disease, improves a person's health, or saves a person from hardship, it is as if he has saved all of humanity."

The programs included presentations that showcased the major milestones achieved and lessons learned during the course of implementation. The Community Leaders delivered speeches acknowledging highly effective service provision through the FHHs in remote areas.

At the end of the events, the contribution of the project's stakeholders was acknowledged and recognized by distributing awards to the Provincial Public Health Directors (PPHDs), Directors of Economics (DoEc), community leaders, midwives, and PSS counselors for their exemplary performance and coordination with AFGA.

Community leaders were also admired for their ongoing support and active involvement in community development. High-performing midwives and Psychosocial Support counselors received appreciation certificates and awards for their dedication and excellent service.

JSB-3 Closing Ceremony Photos



Emergency Obstetric and Newborn Care (EmONC) Training

AFGA conducted one round of the 3-Day Emergency Obstetric and Newborn Care (EmONC) Training for 15 Family Health Houses (FHHs) Midwives in Balkh Regional Hospital, Afghanistan, during the second quarter of 2025 under its SPRINT-IV Project. The training was conducted with close coordination and technical support of the Balkh Public Health Directorate (PPHD).

The training covered essential topics related to Eclampsia, preeclampsia, PPH, partograph, Shock, and practical work.

The training was aimed to enhance the capacity of the FHH Midwives in the administration of Emergency Obstetric and Newborn Care services, essentials of client counselling and follow-up on EmONC and demonstration and care of the clients before, during and after Eclampsia, preeclampsia, PPH and partograph.



"The topics covered during the training enhanced our capacity in different Eclampsia, preeclampsia, PPH, and other relevant topics. I wholeheartedly thank AFGA for conducting such a training program. We will share our learning with our other colleagues and serve our community."

Frozan
Family Health House Midwife, Balkh

AFGA always organizes capacity-building training programs for its service providers on different healthcare topics to enable them to provide timely and quality reproductive health services to the communities.



MISP and PAC Training



Under its SPRINT-IV Project, AFGA conducted two rounds of 4-Day MISP and PAC Training Program for 30 participants in Balkh and Kabul Provinces during the second quarter of 2025. The training was conducted with close coordination and technical support of the Balkh and Kabul Public Health Directorates (PPHD).

The main purpose of this training was to enhance the knowledge of FHH Midwives about MISP components in emergency settings, build the capacity of health workers to deliver life-saving reproductive health services, including PAC, improve coordination and referral mechanisms related to reproductive health in humanitarian contexts, and promote the application of clinical standards and protocols in MISP and PAC service delivery.

The training covered various topics about reproductive health, including ANC, PNC, delivery, post abortion care, minimum initial service packages, etc.

“This training enhanced our capacity in different Reproductive Health topics, including MISP and PAC. I am grateful to AFGA and IPPF for conducting such a beneficial training program.”

Habiba
FHH Midwife, Parwan



AFGA organizes capacity-building training programs for FHH Midwives to enable them to provide quality reproductive health services to the clients a their doorsteps.

Long-Acting Reversible Contraception (LARC) Training

With UNFPA's financial and MoPH's technical support, during the second quarter of 2025, AFGA conducted 4 rounds of Long-Acting Reversible Contraceptive (LARC) training for 32 Midwives from Baghlan, Samangan, Badakhshan, Nimroz, Badghis, and Herat Provinces in Balkh and Herat.

The 1 round of LARC training was conducted in Balkh, where 8 midwives of Baghlan, Samangan, and Badakhshan received the training.

3 Batches of the training were conducted in Herat for 24 midwives of the western region provinces, including Nimroz, Badghis, and Herat.

"I am grateful to AFGA for conducting the LARC training. During the 6-day training, I learned to implement the IUCD, implant, Sayaanapress, and other methods of Family Planning and to provide quality health services to the clients."

**Maryam
Midwife, Badakhshan**



"We are grateful to AFGA and UNFPA for organizing LARC Training. Before this training, we were struggling with many challenges, such as using the implant or Sayana Press methods of Family planning. After receiving this training, my other participants and I have learned how to properly we should implement the family planning methods."

**Bibi Roshana
Family Health House Midwife, Nimroz**

Through these trainings, AFGA aims to enhance the capacity of midwives and health service providers in reproductive health.



Management of Infant and Young Children Nutrition (MIYCN) Training

Under its Respond-2 Project, AFGA conducted one round of 12-Day MIYCN Training Program for 22 Family Health Houses (FHH) midwives from Parwan and Kapisa Province in Parwan during the second quarter of 2025. The training was conducted with close coordination and technical support of Parwan Public Health Directorate (PPHD).

The main purpose of this training was to enhance the knowledge of FHH Midwives and Nutrition Counsellors about malnutrition, growth monitoring, and screening.

The training covered various topics about nutrition including; breastfeeding, mothers feeding during pregnancy, malnutrition, growth monitoring, and etc.

"This 12-Day training enhanced our capacity in different nutrition topics. Thank you, AFGA and IPPF, for organizing such a beneficial training program. We will share our learnings with our other colleagues."

Madina Nawrozai
Nutrition Counsellor, Parwan

AFGA is always committed to conduct capacity-building training programs for health service providers to enable them to provide quality nutrition services to the clients in their doorsteps.



Last Mile Assurance (LMA)

During the second quarter of 2025, AFGA continued the Last Mile Assurance (LMA) Project activities through 48 volunteers from Kabul, Herat, and Balkh Provinces. These LMA volunteers were assigned to support the team's effort in the distribution of different kits and commodities, assist in public awareness-raising activities, and assist in stock counts and basic assessments of commodities that might be damaged, expired, or out of stock.

During the period, 48 LMA youth volunteers continued their visits to 17 hospitals, 133 clinics, and 22 Family Health Houses (FHHs) at the central, western, and northern regions, and assessed the distribution of medical supplies to Service Delivery Points (SDPs). They monitored the efficiency of distribution, medicines' expiration dates, and items' quality and quantity, as well as notifying of the discrepancies. Their observations aimed to ensure that essential supplies were reaching the intended beneficiaries effectively and promptly. Additionally, one male volunteer was assigned to assist with eLMIS data entry at the AFGA main office in Kabul.

The volunteers ensured that the distributed items reached the intended beneficiaries and found that the medical supplies were being distributed in a timely and effective manner.



The LMA pilot project's essential purpose is to observe the UNFPA Afghanistan supply program to Implementing Partners (IPs) including reproductive health (RH) commodities, modern contraceptives, life-saving maternal health medicines, winterization kits, dignity kits, and adolescents' girls' menstrual hygiene management kits in the hands of beneficiaries who need them the most, etc.



Last Mile Assurance (LMA) Volunteers Activities at Islam Qala Zero Point



AFGA, through UNFPA financial support, has deployed youth volunteers at the Islam Qala zero point in Herat Province to support humanitarian assistance for Afghan returnees from Iran.

The Herat Province 8 LMA volunteers are deployed at Islam Qala Zero Point to provide information to returnees especially women and girls about the availability of services, including MCH and psychosocial support, provided at the UNFPA health clinic located at the zero-point and managed by AADA, raise awareness about the clinic services and location, and refer clients to access these services.

The youth volunteers have played a critical role in facilitating accurate information dissemination and orientation services, particularly for women and girls' returnees, ensuring they receive services and support. Their involvement has significantly enhanced the effectiveness of last-mile assurance, fostered trust, and improved access to essential services during a challenging transition period.

This impactful contribution underscores the value of youth engagement in humanitarian efforts and has been tremendously appreciated by the UNFPA team and showcased through social media channels.



A 30-Year-Old Woman Got Pregnant after 5 Miscarriages

Rukhshana is a 30-year-old woman living in the Alinigar district of Laghman province. Rukhshana had five miscarriages. Therefore, she and her family were concerned about this situation.

When she became aware that the Afghan Family Guidance Association has a Family Health House (FHH) that provides reproductive health, family planning, and psychosocial services to women and girls, she came and met with the FHH midwife, Fayeza Rahmani.

She described her problems during her pregnancies and added: “I don’t know why my babies are being miscarried, and how can I overcome this problem?” Due to my consecutive miscarriages and lack of children, I have many family problems with my in-laws. My husband told me that I would get a divorce and marry another woman. I am in an uncertain condition and don’t know what to do. Please help me.”

As a result, in an advisory session, Fayeza Rahmani, the Barsralab FHH Midwife, asked her to come with her husband and mother-in-law for more discussion about her pregnancy duration.

Rukhshana’s husband and mother-in-law accompanied her to the FHH the other day. The FHH midwife explained the value of a child’s life and the health of a mother, as well as how to care during and after pregnancy, to them.

The midwife added, “Rukhshana needs a deep check-up and gynecological attention, and therefore, I refer her to the private clinic.”



They accepted and did the necessary examinations. After checking her blood in a laboratory, the findings showed that she has inflammation in her blood. Thus, the FHH midwife started her treatment and provided her necessary medicine.

After the completion of her treatment, she referred to FHH and joyfully said, that I am pregnant. From the very first days of her pregnancy till last month, she was under the direct supervision of the Barsalab FHH FHH Midwife. Her health condition was good, and as a result, she delivered a healthy baby boy.

AFGA provides quality reproductive health, psychosocial counselling, and nutrition services to the vulnerable families, especially women and children in the remote and hard-to-reach areas of the country through 24 Family Health Houses (FHHs), funded by the NORAD-3 Project.

Rukhshana and her family are thankful for the AFGA FHH health services and IPPF’s NORAD-3 Project support for the vulnerable and needy people of the country in the remote districts of Afghanistan.

Saving a Child Life from Severe Acute Malnutrition

Dehsawar Family Health House of Balkh province located approximately 20 kilometers far from the Balkh District. Residents of this area are suffering from poverty, homelessness, and lack of access to basic services such as drinking water and healthcare. Desawar Family Health House is being funded by the AFGA's NORAD-3 Project.

During service delivery, a boy named Kifayat came to the Family Health House. Kifayat is a 9-month-old boy living in the Dehsawar village of Balkh district.

After being screened by the nutrition counsellor, it was found that Kifayat is suffering from severe acute malnutrition. His mother reported symptoms such as weight loss, excessive crying, and muscle wasting. Due to the severity of his condition, he was immediately referred to the IPD SAM (Inpatient Department for Severe Acute Malnutrition).

After receiving treatment and intensive care in IPD SAM, he was enrolled in the OPD SAM (Outpatient Program for Severe Acute Malnutrition) with measurements of MUAC 8.8 cm, height 58 cm, and weight 3.6 kg.

With weekly follow-ups, regular RUTF (Ready-to-Use Therapeutic Food) distribution, and consistent visits, after twelve visits over three months, Kifayat recovered with MUAC 12.5 cm, height 61.7 cm, and weight 5.6 kg.

A few days later, Kifayat's health condition got better. His mother visited the FHH. Although her son had recovered, her words were still filled with sorrow. With tears, she said:



"My husband doesn't have a regular job; most of the time, he is unemployed. My children do not have proper nutrition. After Kifayat became ill, he never took him to the clinic. We spent the nights in tears and sleeplessness, with inadequate food. No organization had helped us. If you didn't support us, I might have lost my child."

Marzia
Kifayat's Mother

She added with gratitude: "A special thanks to the Nutrition counsellor, and FHH midwife. You saved my child's life. I hope this kind of support continues for other poor people as well."

Kifayat's mother is still worried about her son's nutrition and their livelihood.

Kifayat's case is a symbol of the vital role of health services in remote and deprived areas. This story highlights the urgent health and humanitarian needs of displaced families in Afghanistan and emphasizes the importance of continuing such support.

Kifayat, a 12-month-old child with MUAC 12.5 cm, weight 5.6 kg, and height 61.7 cm, has been discharged from the OPD SAM program.



Glances





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